








































# PARKROYAL COMMUNITY SCHOOL - WINTER MENU 2024

wc: 04.11.24 / 25.11.24 / 16.12.24 / 20.01.25 / 10.02.25 / 10.03.25 / 31.03.25

WEEK ONE	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
<b>A</b>	Tomato pasta with cheese  	Homemade sausage roll and soup   	Pulled pork bap  	Pasta bolognese & garlic bread  	Beef burger in a bun with chips 
<b>B</b> Veggie Option	Jacket potato with various fillings   	Vegetarian roll and homemade soup  	Quorn bap  	Spinach & tomato mozzarella wrap  	Veggie burger in a bun with chips 
<b>C</b>		Jacket potato with a choice of fillings   	Jacket potato with a choice of fillings   	Jacket Potato with a choice of fillings  	Pasta pot with a choice of sauce  
PUDS	Fresh fruit and Yoghurt 	Biscuit 	Fresh Fruit & Yoghurt 	Homemade Cookies 	Fun Friday Treat!   

## THINGS YOU SHOULD KNOW ABOUT OUR MENU








































- We source all our meat from Barrows in Bollington
- We source all our bread rolls and finger rolls from Don Millers
- We use Free Range Eggs
- Allergens listed below

- Everyday we serve seasonal fresh salad and vegetables as a side and also fresh fruit and organic yoghurt with our puds.
- All our fish is sustainably caught and regulated by the Marine Steward Council (MSC)
- All our meat is sourced from farms which satisfy UK animal welfare standards
- Fresh drinking water only daily.



# PARKROYAL COMMUNITY SCHOOL - WINTER MENU 2024

wc: 11.11.24 / 02.12.24 / 06.01.25 / 27.01.25 / 24.02.25 / 17.03.25

WEEK TWO	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
<b>A</b>	Vegan meatball with tomato pasta  	Cheese and tomato pizza  	Minced beef & Yorkshire Pudding with mashed potatoes   	Fish finger bap & homemade soup   	Hot dog and chips 
<b>B</b> Veggie Option	Jacket potato with a choice of filling  	Vegetarian chilli with potato wedges 	Creamy vegetable pie with mashed potatoes   	Veggie finger bap & home made soup 	Veggie hot dog & chips   
<b>C</b>		Jacket potato with a choice of filling   	Jacket Potato with a choice of topping   	Macc & cheese  	Pasta with a choice of sauces  
PUDS	Fresh fruit and Yoghurt 	Biscuit 	Dessert  	Homemade Cookies 	Fun Friday Treat!   

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- We source all our bread rolls and finger rolls from Don Millers
- We use Free Range Eggs
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- Everyday we serve seasonal fresh salad and vegetables as a side and also fresh fruit and organic yoghurt with our puds.
- All our fish is sustainably caught and regulated by the Marine Steward Council (MSC)
- All our meat is sourced from farms which satisfy UK animal welfare standards
- Fresh drinking water available daily



# PARKROYAL COMMUNITY SCHOOL - WINTER MENU 2024

wc: 18.11.24 / 09.12.24 / 13.01.25 / 03.02.25 / 03.03.25 / 24.03.25













WEEK THREE	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
A	Vegan bolognese  	Chicken curry and rice with naan bread  	Sausage mash and yorkshire pudding   	Pepperoni Pasta  	Fish & chips  
B Veggie Option	Jacket potato and a choice of fillings   	Vegan nugget wrap 	Vegetarian sausage, mash & yorkshire pud   	Sweet potato curry	Falafel wrap & chips 
C		Cheese toastie with homemade soup 	Jacket Potato with a choice of filling   	Cheese sandwich and home made soup  	Pasta with a choice of filling  
PUDS	Fresh fruit and Yoghurt 	Biscuit 	Dessert 	Homemade Cookies 	Fun Friday Treat!   

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# ALLERGENS - Contains

	Peanuts		Nuts		Lupin
	Crustaceans		Molluscs		Sulphur Dioxide
	Fish		Eggs		Milk
	Celery		Sesame Seeds		Soya



Cereals  
containing  
Gluten



Mustard